- When operating the watch, make sure that it is not wet.
- This watch is solar-powered. Expose the dial to light and use it sufficiently charged.
- To see details of charging time, specifications and operations, refer to the instruction manual:


## Component identification



- Actual appearance may differ from the illustrations.
- The crown has two positions when pulling it out.



## Setting the time

1. Pull the crown out to position 2 when the second hand points 0 second.
The second hand stops.
2. Rotate the crown to set the time.

- The 24 hour hand also moves synchronously. Take care the time set is AM or PM.
- Move the hands 4 or 5 minutes forward and move them back to the right time to set the time more precisely.

3. Push the crown in to position 0 in accordance with a reliable time source to finish the procedure.

## Adjusting the calendar

Date indication adjustment is required on the first days of March, May, July, October and December.

- Do not adjust the date indication between 9:00 PM and 1:00 AM. Otherwise, the date indication may change incorrectly thereafter.

1. Pull the crown out to position 1 .
2. Rotate the crown counterclockwise to set the date indication.
3. Push the crown in to position 0 to finish the procedure.

## Using the chronograph

1. Push the crown in to position 0 .

- If the chronograph minute hand does not point 00 before starting measurement, press and release the lower right button (A) to reset it.

2. Start/stop: press button (B).
3. Reset: press button (A) while the chronograph is stopped.


- The chronograph measures up to 60 minutes.
- You cannot use the chronograph while insufficient charge warning status (2-second interval movement).


## Adjusting the position of the chronograph $1 / 5$ second hand

Adjust the position of the chronograph $1 / 5$ second hand when it does not return to 0 seconds.

## 1. Pull the crown out to position 2 .

2. Press and hold the upper right button (B) for 3 seconds or more.

The chronograph $1 / 5$ second hand becomes adjustable.
3. Press and release the upper right button (B) to set the position of the chronograph $1 / 5$ second hand to 0 seconds.

- Each time you press the button, the chronograph $1 / 5$ second hand moves by 1 step.
- Pressing and holding the button moves the chronograph $1 / 5$ second hand continuously.
- The chronograph minute hand also moves synchronously with the chronograph $1 / 5$ second hand.

4. Rotate the crown to set the time.
5. Push the crown in to position 0 .
6. Press and release the lower right button (A) to finish the procedure.

- Pressing the button resets the chronograph minute hand.

